







OCTOBER 2018 LUNCH ELEM

Monday	Tuesday	Wednesday	Thursday	Friday
1 BBQ CHICKEN SANDWICH LEMON BROCCOLI FRENCH FRIES FRUIT MILK	2 TERIYAKI CHICKEN WITH BROWN RICE VEGGIES & HUMMUS FRUIT WG OATMEAL COOKIE MILK	3 MINI MEATBALL SUB WITH MARINARA SAUCE BEAN & CORN SALAD FRUIT MILK	4 TACO SALAD WG TORTILLA CHIPS /W SALSA FRUIT MILK	5 CHICKEN PATTIE MASHED POTATOES/GRAVY GREEN BEANS FRUIT MILK
8 SOCK-ROCKIN CHILI FRESH CUCUMBER & TOMATO DIP WG ROLL/BUTTER MILK	9 SWEET & SOUR CHICKEN NUGGETS W/BROWN RICE VEGGIES & HUMMUS WG OATMEAL COOKIE FRUIT MILK	10 CHICKEN ALFREDO WITH A TWIST JELL-O W/FRUIT GARLIC BROCCOLI FRUIT JUICE MILK	11 PIZZA TOSSED SIDE SALAD FRUIT MILK	12 TURKEY & HAM DELI SUB BABY CORROTS W/ HUMMUS FRUIT MILK
	16 HAMBURGER ON A BUN TATER TOTS BAKED BEANS FRUIT MILK	17 SWEET SESAME CHICKEN STIR FRY WITH ASIAN BROWN RICE CALIFORNIA CASSEROLE FORTUNE COOKIE FRUIT MILK	18 PIZZA SPINACH STRAWBERRY SALAD FRUIT MILK	19 WALKING TACO COWBOY CORN SALAD TORTILLA CHIPS JELLO-W/FRUIT FRUIT JUICE MILK
22 CHICKEN SANDWICH BAKED BEANS FRUIT MILK	23 ROTINI & MEAT SAUCE PARMESAN CHEESE FRUIT TOSSED SIDE SALAD MILK	24 BAKED CHEESE WAFFLE FRIES CARROTS FRUIT MILK		
29 MAC & CHEESE FRUIT SALAD BABY CARROTS W/HUMMUS GREEN BEANS FRUIT JUICE MILK	30 CHICKEN BROCCOLI BOWL CALIFORNIA BLEND VEGGIES FRUIT MILK	31 PIZZA JELL-O W/FRUIT TOSSED SIDE SALAD FRUIT JUICE MILK	WW-WHOLE WHEAT WG-WHOLE GRAIN MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS AND EMERGENCY SCHOOL CLOSINGS	THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATION ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY

OCTOBER 2018 LUNCH HS/MS

Monday	Tuesday	Wednesday	Thursday	Friday
1 SANTA FE WRAP CARROTS & HUMMUS FRUIT WG CHIPS MILK	2 TERIYAKI CHICKEN WITH ASIAN BROWN RICE FRESH CUCUMBER & TOMATO DIP FRUIT SALAD FRUIT JUICE PRETZELS (HS ONLY) MILK	3 VEGGIE LASAGNA FRUIT BREAD STICK WITH MARINARA SAUCE MILK	4 NACHOS WITH SALSA TOSSED SIDE SALAD BROWN RICE FRUIT MILK	5 CHICKEN MASHED POTATOES/GRAVY BROCCOLI FRUIT WG ROLL/BUTTER WG OATMEAL COOKIE MILK
8 PIZZA WRAP CALIFORNIA BLEND VEGGIES FRESH CARROTS W/RANCH DRESSING FRUIT MILK	9 WOKIN'ORANGE CHICKEN WITH BROWN RICE GREEN BEANS FRUIT MILK	10 CHICKEN ALFREDO WITH A TWIST TOSSED SIDE SALAD GARLIC BROCCOLI FRUIT WG ROLL/BUTTER MILK	11 QUIRKY QUESADILLA GOLDEN CORN FRUIT TORTILLA CHIPS W/SALSA MILK	12 GRILLED CHICKEN ON A BUN FRESH CUCUMBER & TOMATO DIP BAKED BEANS FRUIT MILK
15 	16 CHICKEN STRIPS SWEET POTATO FRIES BEAN & CORN SALAD BROCCOLI SALAD FRUIT MILK	17 SWEET SESAME CHICKEN STIR FRY WITH BROWN RICE CALIFORNIA BLEND VEGGIES FRUIT WG CHOC CHOCOLATE CHIP COOKIE (HS) MILK	18 SOCK-ROCKIN' CHILI CHEESY BREAD STICKS WITH MARINARA SAUCE CHERRY CRISP FRUIT MILK	19 PIZZA TOSSED SIDE SALAD BAKED BEANS FRUIT MILK
22 BBQ CHICEN SANDWICH FRESH CUCUMBER & TOMATO DIP BAKED BEANS FRUIT MILK	23 ROTINI & MEAT SAUCE GARLIC BROCCOLI WHOLE GRAIN ROLL FRUIT MILK	24 HOT ITALIAN SUB ORANGE-GLAZED CARROTS SPINACH STRAWBERRY SALAD FRUIT TORTILLA CHIPS WITH SALSA MILK	25 	26 
29 HONEY MUSTARD CHICKEN WRAP GOLDEN CORN & CARROTS FRUIT WHOLE GRAIN COOKIE (HS) MILK	30 HATTON CHICKEN CRUNCH WITH ASIAN BROWN RICE GREEN PEAS FRUIT MILK	31 PIZZA CALIFORNIA CASSEROLE CARROTS & HUMMUS APPLE SALAD JELL-O W/FRUIT MILK	WW-WHOLE WHEAT WG-WHOLE GRAIN MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS AND EMERGENCY SCHOOL CLOSINGS	THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATION ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY