

OCTOBER 2020

NEWCASTLE MS/HS

Monday

Tuesday

Wednesday

Thursday

Friday

BACON BREAKFAST PIZZA 5
FRUIT
JUICE
YOGURT
MILK

APPLE OR CHERRY STRUDEL STICK 6
FRUIT
YOGURT
JUICE
MILK

BANANA; CHOCOLATE OR PUMPKIN BREAD 7
FRUIT
YOGURT
JUICE
MILK

FRENCH TOAST OR OATMEAL CHOCOLATE CHIP BREAKFAST BAR 1
FRUIT
YOGURT
JUICE
MILK

EGG/SAUSAGE BISCUIT 2
YOGURT
FRUIT
JUICE
MILK

BREAKFAST BURRITO 8
FRUIT
YOGURT
JUICE
MILK

BISCUITS AND GRAVY 9
YOGURT
FRUIT
JUICE
MILK

SAUSAGE BREAKFAST PIZZA 12
FRUIT
JUICE
YOGURT
MILK

APPLE CINNAMON; BLUEBERRY OR CHOCOLATE MUFFIN 13
FRUIT
JUICE
MILK
YOGURT

CINNAMON ROLL OR STRAWBERRY CREAM CHEESE FILLED 14
BAGEL
YOGURT
FRUIT
JUICE
MILK

FRENCH TOAST OR OATMEAL CHOCOLATE CHIP BREAKFAST BAR 15
FRUIT
YOGURT
JUICE
MILK

EGG/SAUSAGE BISCUIT 16
YOGURT
FRUIT
JUICE
MILK

BACON BREAKFAST PIZZA 19
FRUIT
JUICE
YOGURT
MILK

APPLE OR CHERRY STRUDEL STICK 20
FRUIT
YOGURT
JUICE
MILK

BANANA; CHOCOLATE OR PUMPKIN BREAD 21
FRUIT
YOGURT
JUICE
MILK

BREAKFAST BURRITO 22
FRUIT
YOGURT
JUICE
MILK

BISCUITS AND GRAVY 23
YOGURT
FRUIT
JUICE
MILK

SAUSAGE BREAKFAST PIZZA 26
FRUIT
JUICE
YOGURT
MILK

APPLE CINNAMON; BLUEBERRY OR CHOCOLATE MUFFIN 27
FRUIT
JUICE
MILK
YOGURT

CINNAMON ROLL OR STRAWBERRY CREAM CHEESE FILLED 28
BAGEL
YOGURT
FRUIT
JUICE
MILK

FRENCH TOAST OR OATMEAL CHOCOLATE CHIP BREAKFAST BAR 29
FRUIT
YOGURT
JUICE
MILK

NO SCHOOL 30

MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS AND EMERGENCY SCHOOL CLOSINGS

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OCTOBER 2020 WCSD #1

Monday

Tuesday

Wednesday

Thursday

Friday



MEATLOAF **5**
MASHED POTATOES/GRAVY
DINNER ROLL/JELLY
GREEN BEANS
SALAD
FRUIT
MILK

CHICKEN TORTILLA SOUP **6**
BREAD STICK
SALAD
FRUIT
MILK

SPAGHETTI AND MEATBALLS **7**
GARLIC TOAST
CORN
SALAD
FRUIT
MILK

PORK BBQ RIB SANDWICH **1**
ROASTED POTATO W /VEGGIES
SALAD
FRUIT
MILK

PIZZA **2**
CORN
CHOCOLATE PUDDING
WHIP TOPPING
SALAD
FRUIT
MILK

CHICKEN SMACKERS **9**
TATOR TOTS
PEAS
SALAD
FRUIT
MILK

PRETZEL W/CHEESE **12**
COLESLAW
SALAD
FRUIT
MILK

TOMATO SOUP **13**
CHEESE STUFFED BREAD STICKS
SALAD
FRUIT
MILK

SCALLOPER POTATOES & HAM **14**
GINGER CARROTS
SALAD
FRUIT
MILK

CHICKEN SANDWICH **15**
SPICY OR REGULAR
BAKED BEANS
BANANA PUDDING
WHIP TOPPING
SALAD
FRUIT
MILK

FISH SANDWICH **16**
GREEN BEANS
JELLO
WHIP TOPPING
SALAD
FRUIT
MILK

MACARONI AND CHEESE **19**
DINNER ROLL/JELLY
BAKED BEANS
SALAD
FRUIT
MILK

CHILI **20**
SHREDDED CHEESE
CINNAMON ROLL
SALAD
FRUIT
MILK

CHICKEN FAJITAS **21**
REFRIED BEANS
SALAD
FRUIT
MILK

CHICKEN FRIED STEAK **22**
MASHED POTATOES/GRAVY
DINNER ROLL/JELLY
CORN
SALAD
FRUIT
MILK

TACO'S **23**
SPANISH RICE
BUTTERSCOTCH PUDDING
WHIP TOPPING
SALAD
FRUIT
MILK

TATOR TOT CASSEROLE **26**
DINNER ROLL/JELLY
GREEN BEANS
SCOOBY SNACK
SALAD
FRUIT
MILK

TURKEY NOODLE SOUP **27**
CINNAMON ROLL
SALAD
FRUIT
MILK

HAMBURGER/CHEESE BURGER **28**
FRENCH FRIES
BAKED BEANS
SALAD
FRUIT
MILK

BEEFARONI **29**
CORN
DINNER ROLL/JELLY
SALAD
FRUIT
MILK

NO **30**
SCHOOL

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BREAKFAST

OCTOBER 2020 NEWCASLTE ELEMENTARY

Monday

Tuesday

Wednesday

Thursday

Friday

5
 BREAKFAST PIZZA
 FRUIT
 JUICE
 YOGURT
 MILK

6
 APPLE OR CHERRY
 STRUDEL STICK
 FRUIT
 YOGURT
 JUICE
 MILK

7
 BANANA; CHOCOLATE OR
 PUMPKIN BREAD
 FRUIT
 YOGURT
 JUICE
 MILK

8
 BREAKFAST BURRITO
 FRUIT
 YOGURT
 JUICE
 MILK

9
 EGG/SAUSAGE BISCUIT
 YOGURT
 FRUIT
 JUICE
 MILK

12
 BREAKFAST PIZZA
 FRUIT
 JUICE
 YOGURT
 MILK

13
 APPLE CINNAMON;
 BLUEBERRY OR CHOCOLATE
 MUFFIN
 FRUIT
 JUICE
 MILK
 YOGURT

14
 CINNAMON ROLL
 OR STRAWBERRY CREAM CHEESE FILLED
 BAGEL
 YOGURT
 FRUIT
 JUICE
 MILK

15
 FRENCH TOAST OR
 OATMEAL CHOCOLATE CHIP
 BREAKFAST BAR
 FRUIT
 YOGURT
 JUICE
 MILK

16
 EGG/SAUSAGE BISCUIT
 YOGURT
 FRUIT
 JUICE
 MILK

19
 BREAKFAST PIZZA
 FRUIT
 JUICE
 YOGURT
 MILK

20
 APPLE OR CHERRY
 STRUDEL STICK
 FRUIT
 YOGURT
 JUICE
 MILK

21
 BANANA; CHOCOLATE OR
 PUMPKIN BREAD
 FRUIT
 YOGURT
 JUICE
 MILK

22
 BREAKFAST BURRITO
 FRUIT
 YOGURT
 JUICE
 MILK

23
 EGG/SAUSAGE BISCUIT
 YOGURT
 FRUIT
 JUICE
 MILK

26
 BREAKFAST PIZZA
 FRUIT
 JUICE
 YOGURT
 MILK

27
 APPLE CINNAMON;
 BLUEBERRY OR CHOCOLATE
 MUFFIN
 FRUIT
 JUICE
 MILK
 YOGURT

28
 CINNAMON ROLL
 OR STRAWBERRY CREAM CHEESE FILLED
 BAGEL
 YOGURT
 FRUIT
 JUICE
 MILK

29
 FRENCH TOAST OR
 OATMEAL CHOCOLATE CHIP
 BREAKFAST BAR
 FRUIT
 YOGURT
 JUICE
 MILK

30
 NO
 SCHOOL

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